



ST ANDREWS LEGACY



St Andrews Legacy 2025. Rich Cummings tees off on The Old Course

LIKE MAGIC

Rich Cummings thrives at St Andrews

St Andrews, July 2025

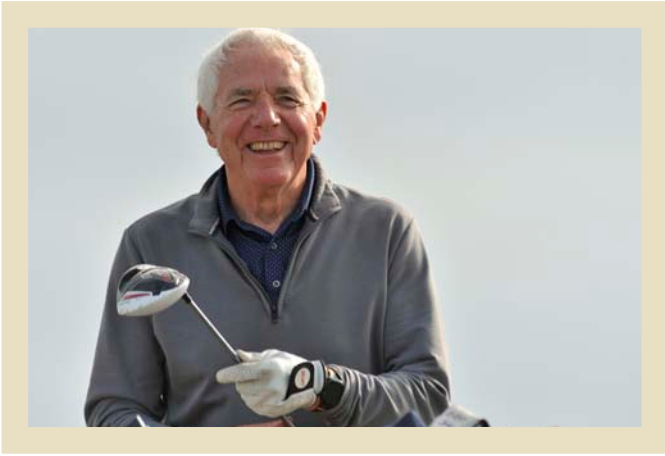
“I forgot I was 80-years-old; it was magical for me”.

Rich Cummings was looking back on four consecutive days of golf in Scotland, walking every course – two contemporary Fife coast gems at Crail and Dumbarnie (where designer Clive Clark met the group and advised them to “tear it up, tear it up!”), The Jubilee Course at St Andrews Links, and finally The Old Course.

“I’m not surviving; I’m thriving!”

Rich served 23 years in the US Army, retiring as a Lieutenant Colonel, and has now completed 20 years as a golfer.

But whereas the Army took him across the USA, starting out from Spokane, Washington, to Georgia, to Hawaii, Montana and California, to Arizona, and all over the world, from Vietnam, where he was injured, to West Germany and Korea, golf has brought him to American Lake Veterans Golf Course,



where he has volunteered to assist the grounds crew since 2011.

During this time, the Lakewood course has grown from nine holes to eighteen, a change made under the direction of Jack Nicklaus (significantly, it was his 400th signature course), and the technology to assist the greenkeepers has developed enormously.

Proud to be a part of it

“I have marvelled at the transition from temperamental machines requiring the ingenuity of a dedicated maintenance crew to state of the art equipment. I am proud to be a part of the incredible evolution of the course”.

Rich joined up in 1966, enlisting at a time when the draft loomed.

“I became an infantryman. I had no

direction and the military just kind of worked for me. There was no experience with the military at all in my family. I went off in my own direction. When I left my home town, I left my home town. I travelled for 23 years, got married, and had two daughters. I have been sharing this experience with them”.

Pioneer Jim

Rich occasionally plays foursomes with Jim Martinson, a double amputee, who helped to pioneer the relationship between St Andrews Legacy and American Lake, which dates back to late 2013. Jim has transitioned from needing a ParaGolfer cart to using prosthetics.

“He walks up to the greens now and uses a regular cart. Generally, he is always walking”.

(Clockwise) Rich Cummings at Crail Craighead; on The Old Course; gauging a drive at Dumbarrie Links; waving on The Jubilee



ST ANDREWS LEGACY



St Andrews Legacy 2025. Lind Wick on The Jubilee Course, St Andrews Links

MEANT TO BE

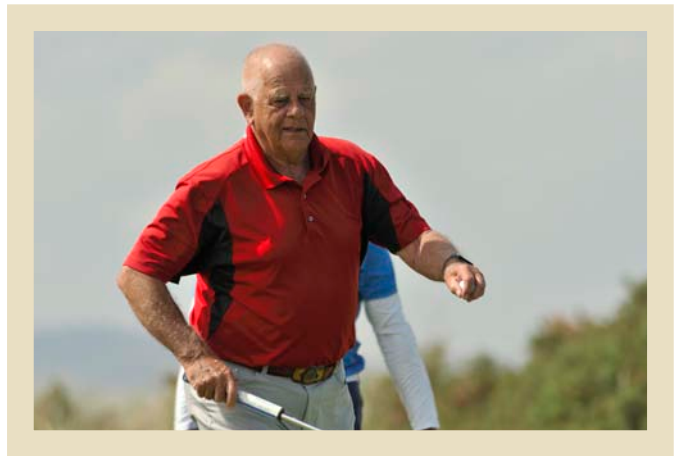
Dream of a lifetime for Lind Wick

St Andrews, July 2025

Lind Wick joined the US Navy on a memorable day: 6.6.66. He was assigned to USS Stoddard, a Fletcher-class destroyer laid down by the Seattle-Tacoma Shipbuilding Corp in 1943. Two deployments to Vietnam followed, where the ship was used to guard aircraft, patrol coasts, and deal with enemy facilities and infrastructure such as radar stations, ammunition dumps and staging posts. Lind was on board when it took a direct hit in March 1967. In sum, Stoddard earned three battle stars in Vietnam, equalling her World War II total. The ship in fact lasted until 1997, when it was deliberately sunk near Hawaii and now lies under 15,000 feet of water.

After his honorable discharge, Lind went into business in east Washington. He noticed that business people played golf on Wednesdays and he thought: "I should learn to play this game". He was 29-years-old and had never played before.

"I got totally engrossed with the game. I wanted to get better but I could not find lessons that would help me".



On a Christmas trip to California Lind had the good luck to meet John Schlee, a Ben Hogan alumnus, a PGA Tour player for over a decade, a winner in Hawaii, and the man who was pipped to the US Open title by Johnny Miller’s legendary 63 at Oakmont.

“He asked me: *May I give you some tips?* He spent two and a half hours with me for no compensation. That got me more excited than ever about golf. I enrolled in a golf school. John suggested that I should be a golf professional, that I would be a good teacher. Being involved in golf was beyond my wildest dreams. I taught schools with John Schlee. He had a great understanding of the game of golf, what it meant as a love in your life.

A game that gives so much

“It started a career. I couldn’t learn enough about the game of golf. I learned to teach golf – to teach the game

of golf, not just the swing. I spent 47 years teaching people to love a game that gives you so much in return.

“The game evolved from a simple concept: it is meant to be played, not meant to be conquered. It is not meant to give you anything but joy and defeat, which is all part of life. It is so profound that a game could provide that effect in life”.

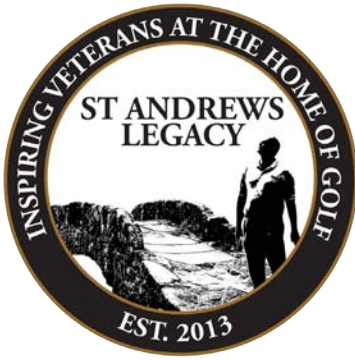
The dream of a lifetime

Lind now volunteers at American Lake, helping his fellow veterans to try out the sport that has meant so much to him.

“Somewhere, I needed this more than anything. I was meant to be here, to experience this. To take it back and give even more to the people I work and play with. To be at the heart of where it got started makes it more special.

“It’s the dream of a lifetime”.

(Clockwise) Lind Wick enjoys Craighead Links at Crail; driving beside the sea at Dumbarnie; on The Jubilee; eyeing a shot on The Old Course



ST ANDREWS LEGACY



St Andrews Legacy 2025. Alexander Glenn-Camden picks out his driver at Crail

BEING BETTER

Golf a life-saver for Alexander Glenn-Camden

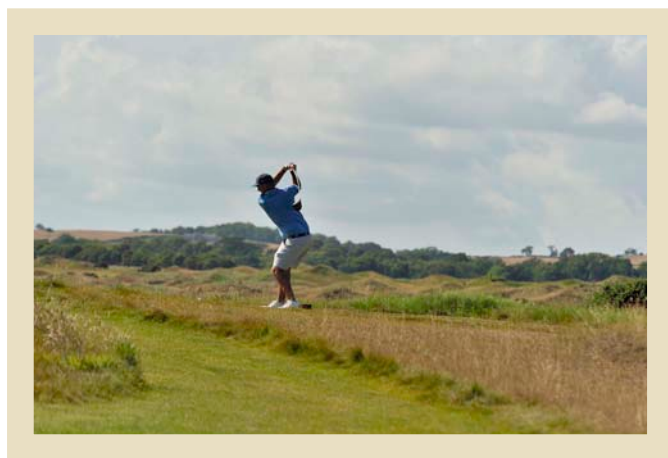
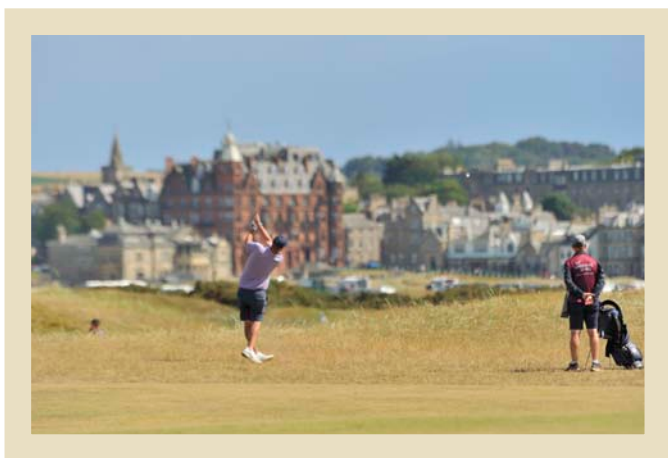
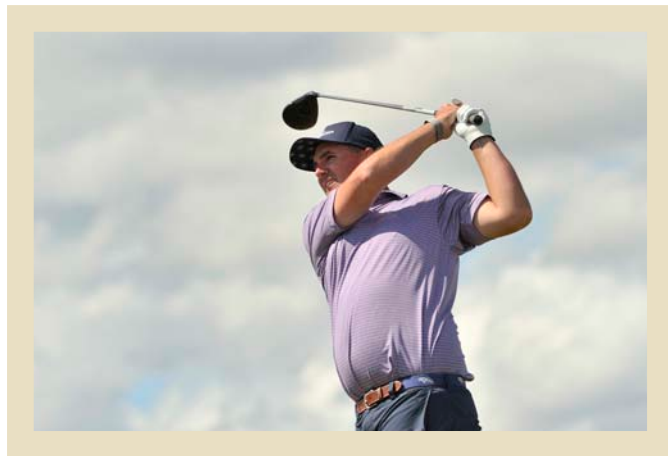
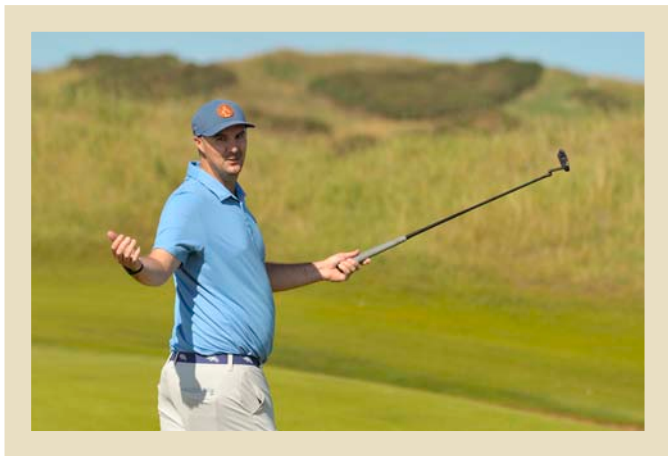
St Andrews, July 2025

“**G**olf was able to save my life. It got me out of the mental state I was in. I found that I could do something other than sit in a room or take the pills”.

Alexander Glenn-Camden was on foot patrol in Afghanistan when his platoon was ambushed and he was shot in the neck. A nearby colleague was killed. Alex was awarded a Purple Heart after the incident but his injuries were so severe he was medically discharged from the army.

“I played golf a few times with my brother, but after I got injured I went on a trip from California to Kentucky and I took some random clubs...then I bought a driver... and \$4k later! Prior to that I’d sit in my room and be alone for the whole day”.

Alex now plays to a 1.7 handicap and he has a powerful, very full swing that he developed by himself.



“The biggest thing is the mental side of it. You have to navigate the shot and navigate the golf course. It’s like in the military, getting from point A to point B; thinking of ways to attack. You think about how to do it and then perfect it; how to get to 85 from 90; to 75 from 80; from 75 to 72.

“It went from being a hobby, to something I was naturally good at, to figuring out how to do things differently or better. I still try to find ways to play better than I am”.

Paving the way

In St Andrews, Alex gained a lot from meeting his fellow veterans, perhaps especially the older men.

“The cool thing is you get to hear stories about people who have gone through similar things to you. Usually it is post 9-11, but I was getting to hear stories from people who were paving the way.

“If they have injuries, how did they cope with those?”

Alex previously visited St Andrews in 2021 as a student of the Caddie School for Soldiers. After that, he joined Mike Pappas and Andrew Bachelder in founding Loops Fore Troops. Nine veterans have completed the course at Bandon Dunes, including former St Andrews Legacy participant Tony Henry, and the majority have continued to caddie.

“I wanted to make a program that was better than anything else”.

A redemption

Alex relished experiencing St Andrews drama-free.

“It was awesome to watch the guys in the group play 1 and 18 of The Old, to watch them walk the fairways. Being around the other guys, having a good time, hanging out...it was like a redemption”.

(Clockwise) Alexander Glenn-Camden enjoying success at Dumbarnie; in full flow on The Old Course; Alex’s powerful swing; taking on The Old



ST ANDREWS LEGACY



St Andrews Legacy 2025. Joe Gleichenhaus on The Old Course

A LIFE SPORT

Have a mission,
says Joe
Gleichenhaus

St Andrews, July 2025

“It’s a life sport. I played with my dad and hopefully I’ll play with my sons. The week he died, I played golf with my dad. He was 85 and he walked nine holes”.

Colonel (retired) Joseph P Gleichenhaus is an archetypal US military man.

“I was raised an army brat; my entire life I have been in the army”, he says. Born in El Paso, he soon went to Panama, then New York, and seven other places before spending his teenage years in Germany. He graduated from the University of San Francisco in 1990 and was commissioned as a field artillery officer the same week his father retired from service.

Joe has spent significant spells deployed overseas, especially in Korea, Bosnia, Afghanistan and Iraq, as well as throughout the USA, including at the Pentagon. His final assignment was as the State Inspector General for the California National Guard in Sacramento.



He has a strong sense of the responsibility of leadership.

“I was raised never to work for money but to have a mission. You work with me, not for me. The commander works for the soldier. You want to see your soldiers succeed. The best gift is to receive”.

Transitioning

Having retired in 2022, Joe is now facing the challenge of transitioning out of military life and golf can play its part.

“I’ve not had the opportunity to play much...maybe I could play more. As a sportsman - I consider myself an athlete - golf is...you don’t really have to be competitive. It’s your own successes out there. You have your own little personal challenges you can overcome”.

In St Andrews Joe got a real sense of

the simple pleasures golf can bring.

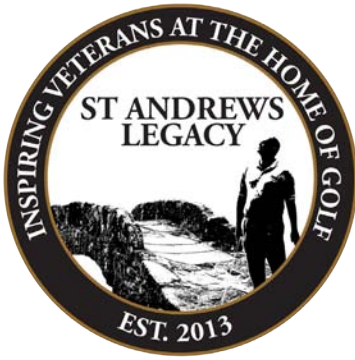
“You can be in a group of three or four that you can connect with, no one is judging. I got better over the four days. The walking, the exercise... the accomplishment of making a par or two, of making a birdie, of having a birdie putt. Confidence begets success, and success begets more confidence. It’s a cycle in golf that is personal. It is not unachievable, that sense of accomplishment. And the social aspect to it is very satisfying.

Opportunity

“It feels good when you see the trajectory of a good shot. You have this sense of an easy feeling. The euphoria on the good shots – you have this opportunity to have success”.

Joe finished the week with a par on The Old Course. “I got a little clap on 18...you stand a little taller, you stick your chest out”.

(Clockwise) Joe Gleichenhaus finds the blue sky at Dumbarrie; good times on The Old Course; taking on The Jubilee; finishing off at Crail



ST ANDREWS LEGACY



St Andrews Legacy 2025. John Carter on the Road Hole, The Old Course

A NEW PEACE

I like to slow
down says
John Carter

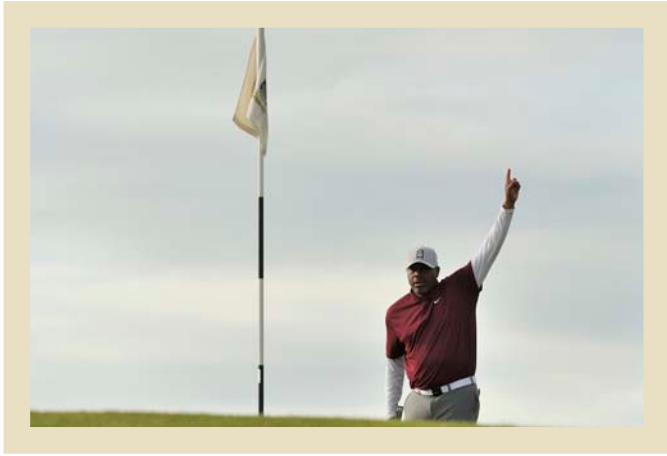
St Andrews, July 2025

“I’ve absorbed the atmosphere here in St Andrews. I didn’t want to miss anything...a peace came over me”.

John “JC” Carter was medically discharged from active duty in 2018 following injuries sustained in Iraq. He had served for more than twenty years, combining military life with academic progress throughout a distinguished career.

JC was very receptive to the unique place that golf has in St Andrews.

“I wanted to learn about the history of the game, whose shoulders I’m standing on when I play the game of golf...this has some real meaning for me now”.



Slow down

The Scottish approach to the sport also appealed.

“I try to walk as much as I can. It’s therapeutic for me; it helps my PTSD. I only think about golf...it becomes an escape for me. I don’t like the cart – it speeds up what I like to slow down!

“I have a new found respect for what golf really is. I always thought it was just something that you do, a hobby. But coming here, having that history, the perspective of the past, it is way more than just a sport.

“Being here has allowed me to let go the things I can’t control. I didn’t think that would happen. I have a new found peace. I don’t want to lose that feeling. I didn’t know this was possible and I know in order to keep

it, I need to talk.

“The group had many types of personalities. I knew there would be other veterans, that there would be some connections, some common ground. That gave me some comfort.

“In this setting we got to know each other really quickly; eating, riding, living together...playing golf”.

Something I would love

At the end of a week in St Andrews, JC took time to remember his introduction to golf.

“It was in 2003. I was stationed in Florida and a co-worker who played golf called me one Saturday morning saying he could get me a starter set for \$100. He wanted to share with me something I would love”.

(Clockwise) John “JC” Carter celebrates at Crail; watching a drive on The Jubilee Course; life in sunny St Andrews; a day at Dumbarrie



ST ANDREWS LEGACY



St Andrews Legacy 2025. Dan Korslund on The Old Course

CHOOSE CALM

Dan Korslund:
stepping into
another realm

St Andrews, July 2025

Dan Korslund entered the US Air Force Academy as an elite sportsman, playing NCAA Division 1 football for the Flying Falcons.

“Playing college football was a lifelong dream”, he says.

However, during his time at AFA he was involved in a life-threatening car crash that resulted in the loss of his right leg below the knee.

In some respects, golf has helped Dan to navigate the next phase in his life.

“I played golf casually in high school, but it was not until after my accident that the golf bug took hold. Golf became my mental escape. When I go onto the golf course I am stepping into another realm.



“I have an amazing son who is now ten years old. He got an extra 21st chromosome and has Down syndrome. Golf is currently parallel to life being a dad. When I’m on the golf course I have many opportunities to choose calmness and tranquillity in the midst of challenges.

“Someone once told me: *the size of the person can best be described by the size of the things that make them mad.* As the golf ball flies into

the woods, or goes 25 yards off the tee box, that saying pops into my head. Golf is so much more than just smacking a small ball around”.

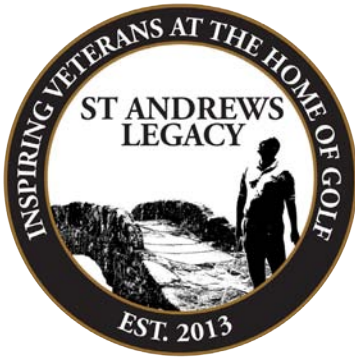
Dan paid tribute to the comrades he spent the week with.

“What stood out most? Connecting with true warriors. Sharing stories and meals...and being able to play the greatest game in a historic place like Scotland”.

(L-R) Top: Dan Korlund smiles while playing The Jubilee Course; looking around at Crail

Middle: putting at Dumbarnie; judging the lie of the land at St Andrews

Lower: walking off the fourteenth of The Old Course; a success at Dumbarnie



ST ANDREWS LEGACY



St Andrews Legacy 2025. Tony O'Connor on The Jubilee Course

LIKE FAMILY

Tony O'Connor:
I'll never forget
it

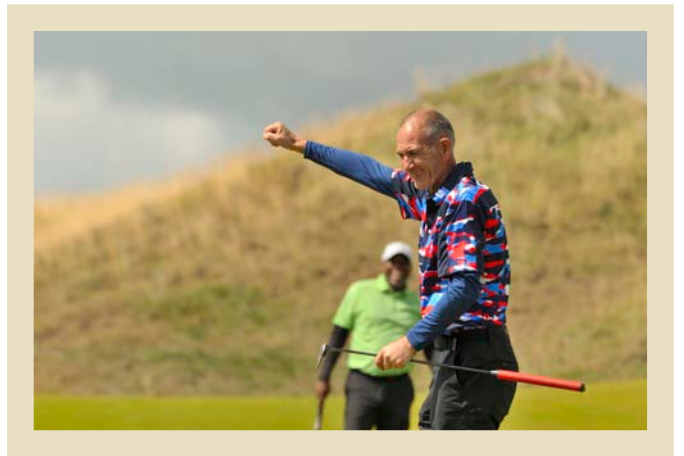
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“I started to play golf in 2008. It was a way to release my tension and anxiety...and I got hooked on it”.

Royal Regiment of Wales veteran Tony O'Connor perhaps benefitted the most from the St Andrews Legacy event of 2025.

“I found it a very inspirational experience. It made me more confident, meeting people I've never met before in my life. We all seemed to click together as a family.

“Part of my problems have gone to one side. I feel more confident long term, that I can get out there and do things. I have got to move forward.



“I was talking a lot more and being more sociable. Sometimes you can only speak man to man”.

Tony looked back on some especially memorable shots: “getting out of Shell Bunker, and my drive on the first hole of the Old Course – straight in the centre”.

The days spent outside town also stood out.

“Crail was fantastic – I had a few moments there and Dumbarrie was phenomenal – it was like walking on a carpet”.

Summing up the week, Tony said: “I’ll never forget it”.

(L-R) Top: Tony O’Connor on The Old Course; beside the sea at Crail

Middle: Tony escapes from Shell Bunker; celebrating a putt at Dumbarrie

Lower: the St Andrews Legacy group on the first tee of The Old Course; Tony and partners on the Swilcan Bridge



ST ANDREWS LEGACY



St Andrews Legacy 2025. Mark Kretzschmar at Dumbarnie Links

FULL FOCUS

Mark Kretzschmar is back on the links

St Andrews, July 2025

Major (retd) Mark Kretzschmar has his son to thank for getting him back out onto the links.

“I played golf when I was younger but had to give it up due to work commitments and the demanding pace of regimental life. About three years ago my youngest son took up the game and encouraged me to start playing again – and I did”.

Mark joined the Royal Regiment of Wales in 1991, serving until 2017, by which time it had been renamed the Royal Welsh. He is now in the reserves.

He was deployed overseas to Hong Kong, Germany, Bosnia, Kosovo, and three times to Iraq, and took part in exercises in mainland Europe, the Mediterranean, the Caribbean, and North and South America. He was also an instructor, including at the Royal Military Academy, Sandhurst.



“One of the things I love about golf is that it offers solitude and companionship in equal measure.

“It also teaches you to accept that some things – like the weather or the pace of the greens – are out of your control.

“But if you focus and get into the right mindset, you can control how

you play the course and where you place the ball.

“Playing the Old Course was a true pinch yourself moment.

“Walking down the first fairway was unforgettable, and sharing that experience with fellow veterans from both the UK and US made it even more meaningful”.

(L-R) Top: Mark Kretschmar at Crail; Mark drives on The Old Course

Middle: A birdie putt at Dumbarrie; Mark smiles on The Jubilee Course

Lower: handshakes on the final green of The Jubilee Course; Mark and partners on the Swilcan Bridge